#### **OUR MISSION**

Friends of Youth delivers a broad range of services to youth and their families to improve their emotional stability and self-sufficiency.

### **OUR VISION**

Friends of Youth envisions all youth having every opportunity to succeed.



13116 NE 132nd Street, Kirkland, WA 98034 (425) 869-6490 info@friendsofyouth.org

### Youth and Family Services

## Substance Abuse and Your Teen\*

A workshop for parents and families of teenagers.





### Join us as we learn together:

- The signs and symptoms of substance abuse
- Setting boundaries at home
- Learning tools and skills to prevent use
- Q & A with certified Substance Abuse Counselors

### LOCATION

Friends of Youth 414 Front Street North, Issaquah, WA 98027

### DATE & TIME

Wednesday, May 21, 2014 6:30-8:30 PM

### FEE

\$25 per attendee, RSVP required Some scholarships are available; ask when you RSVP

# About Friends of Youth's Youth and Family Services

Friends of Youth provides counseling to youth and their families in Issaquah, Snoqualmie and Duvall. Our services include individual and/or family therapy, depending on the needs of the youth. The counselors at Friends of Youth believe that helping individuals and families identify and build on strengths is an important component of the counseling process.

Counselors meet with youth and parents/ caregivers one-on-one and in family sessions. Our counselors are experienced in dealing with many issues including: behavior problems, school difficulties, depression and anxiety, victims of sexual and/or physical abuse, post traumatic stress, anger and conflict management, divorce and blended family challenges, and illness and death of loved ones.

RSVP or Questions? Doni La Plant (425) 392-6367

<sup>\*</sup>This class is open to all parents and community members.